

In many parts of the world there is continuous coverage of sport on television.

Some people believe this discourages the young from taking part in any sport themselves.

Discuss this view and give your own opinion.

Playing sports has once again come under the spotlight. Some researchers assume that watching sport programs on television, viewers will lose their motivation to do it. I, personally, believe that being in touch with these programs through different ways such as listening to radio and watching television to name just a few is of the great benefit. This essay will discuss in regard to this issue.

First and foremost, not only does watching athletic television broadcasts not adversely affect spectators, it but also works as a main factor in teaching them the importance of doing having it in their regular plans. Further and even more importantly, regardless of whether they are winner or loser,

Watching sport can change our mood and is kind of exiting act that trigger us to jump and even shake our hands that all are beneficial for our physical health. What is more, viewing these sport on tv, individuals grow capable of broadening their knowledge as to the rules in different sport activities and in some cases they get to know their favourite ones.

On the other hand, opponents assert that people nowadays are following a hectic lifestyle. That is why, they do not have enough time to allocate to both watching and doing sport. In addition, as sitting in front of a screen is significantly easier, they prefer to choose it.

By way of conclusion, from my point of view, only when individuals get familiar with diverse kind of athletic activities, can they be encouraged to put it in their daily routines.